



CRIMINON

F L O R I D A

★ ★ ★
STELLAR
NEWS

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

1ST QUARTER 2024



Criminon Florida...

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Pass on what you have learned so others may win too.

SHARE THE WISDOM

Stellars take responsibility for helping others follow the path to success by sharing the wisdom they have gained.

Last quarter, we wrote of the powerful knowledge contained in the Criminon program and suggested you re-read the course materials to gain a deeper understanding of the data therein (ask Cat to send you *The Way to Happiness* booklet if you've mislaid your copy - see Cat's Corner.)

This quarter, it's about the wisdom you possess thanks to your study and application of each Criminon course. Certainly, it is about your own personal journey of self-betterment, but it is equally about sharing what you have learned with others so that they too may follow the same path.

The testimonials from Stellar Students exemplify this. Edwin M. says he wants to "share my knowledge with others that I know will also benefit." Fredd R. writes "the Criminon program has shown me ways in which I can help those around me" and Gregory N. finds himself

"introducing others to Criminon more and more." David R. sums it up thus: "I encourage y'all to take these courses. They really will change your life and make you a better person all round."

In our third quarter Newsletter of 2023, we encouraged you to become more responsible for others; indeed, doing so is one of the expected outcomes of the Criminon program.

Our message to you today is simple: assume this responsibility - if you haven't yet done so - by "showing others the path to wisdom" (see Words from the Wise, page 3). Play the Stellar game by telling others your wins, by handing out yellow cards and getting others started on *The Way to Happiness*. It might be the catalyst for positive change that your fellow man has been waiting for.

- The Criminon Florida Team





SUCCESSSES FROM THE WORLD OF STELLAR STUDENTS

I GAINED LIFE SKILLS

In my journey of becoming a Stellar Achiever I have become a better person. The courses have taught me so many needed life skills. And I can utilize them in all aspects of my life. Thanks Criminon! | **Luc P.**

I IMPROVED MY PERSPECTIVE

There was so much to learn from each course and the specific guides to follow can and will improve one's perspective and goals after completing each and every course. Anyone can complete this program if they stick to the instructions and trust their course instructors. | **Todd T.**

A BETTER MAN TO MYSELF AND OTHERS

Criminon's courses have improved my life in a variety of different ways. *The Way to Happiness* Course influenced my life the most. It taught me to stick by morals and precepts which made me a better man, not only for myself, but for my family and the people around me. This course encouraged me to complete all of the other Life Improvement Courses, and

they in turn helped mold and shape all of the other areas in my life that needed improvement. I constantly encourage other inmates to do better and find myself introducing them to Criminon more and more. | **Gregory N.**

I THINK AND ACT DIFFERENTLY

My wins in becoming a Stellar Achiever are many. Firstly, there's the challenge to complete the program - time is strangely not easy to find in prison. It's a time management game. Your courses teach us a completely different way of approaching situation and have set me up to think and act differently. I've improved my thoughts and actions to better myself, to strive to be better and share that knowledge with others that I know will also benefit. | **Edwin M.**

A SENSE OF ACCOMPLISHMENT

The Life Improvement Courses were a challenge to complete. There were times I wanted to just throw in the towel and quit. But I stayed committed and consistent in

fighting through until I completed each course and now I'm a Stellar Student! I feel a greater sense of accomplishment and self-confidence within myself to conquer any challenge that comes my way. | **Ernest O.**

UNMEASURABLE KNOWLEDGE

I have learned volumes of positive information through these courses which I now use in my daily walk and they have improved me a lot as well as helped others. Thank you so much for the unmeasurable knowledge. | **Geronimo C.**

CRIMINON IS THE REAL DEAL!

The Criminon program helped me become a better father to my kids; I was also able to obtain custody of them again and it brought us closer as a family. This program is the real deal! So I encourage y'all to take these courses. They really will change your life and make you a better person all round. Remember guys, if you believe in yourself, then you can achieve anything. | **David R.**



TOP STELLAR PLAYERS

Well done to all this quarter's players. Keep up the great work of getting others to improve their lives by starting on The Way To Happiness Course. Special congratulations to the seven highest scoring players!

Christopher W. 155
Alan C. 135

Jack T. 135
Alfred B. 85

Douglas W. 85
Jose H. 85

Ricky B. 85



STELLAR STUDENTS

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Edwin M.
Ernest O.

Geronimo C.
Gregory N.

Kristoffer H.
Luc P.



CAT'S CORNER

L Ron Hubbard says: *"One's attitude toward life makes every possible difference in one's living. You know, you don't have to study a thousand ancient books to discover that fact. But sometimes it needs to be pointed out again that life doesn't change so much as you."*

Change can be frightening, but it's also inevitable. From *The Conditions of Life* course: *"It is... a fact that nothing remains exactly the same forever. Things grow or they lessen. They do not remain level in this universe. Further, when something seeks to remain level and unchanged, it contracts... This leaves expansion as the only positive action which tends to guarantee survival."*

See change as an opportunity for growth, just like the blossoming of Spring. Make note of what

brings you down and see what you can do to change your attitude toward that negativity and cultivate positivity and happiness to ensure you survive well.

Happiness is a journey, not a destination. Calvin S. wrote about *The Way to Happiness* course: "This course made me realize I was angry with my life in general. It helped me change my pessimistic mindset to a positive state of mind which now allows me to wake up with a smile on my face."

If you want a copy of *The Way to Happiness* booklet, write to Cat. Re-read it and keep it as a reference as you do your "spring cleaning"!

=^..^=

Cat

WORDS FROM THE WISE

It is said that with wisdom comes understanding, but I believe that with understanding comes wisdom. Therefore it is essential that those who have the knowledge or knack to understand things share their wisdom willingly.

Wisdom can come from memories, whether our own or someone else's. It is the lessons learned, the trials endured, the hardships experienced, the decisions made, and the accomplishments earned. Wisdom is learning from our past mistakes and enables us to change.

The Criminon courses work because they are structured to ensure students fully understand the materials, and this contributes to their development and success. They impart wisdom to those who are open to learning new things.

As Stellar Students, when we apply what we've learned from the Criminon courses in our daily lives, we become real-life examples of how obtainable positive change is to those who truly desire it. Showing others the path to wisdom via the Criminon program can save lives today and lead to a happy and successful future tomorrow.

- **Michel B.**



We want to hear from you!

Tell us about your wins and successes.
Write us at Criminon Florida:
PO Box 2396 Clearwater Florida 33757



THE WAY TO HAPPINESS HOW TO PLAY

The name of the game is getting new students onto and using the precepts of *The Way to Happiness* distance learning course. It's a win-win situation. You win, the students you enroll win, and others in your institution win too. YOU can make a difference in someone else's life!

- Signing up students is the first step. Choose people you think are ready for a change. Tell them about how much your life has changed since you started on the Criminon program, and in particular your wins from *The Way to Happiness* Course. Do they want changes in their life too?
- Give him/her one of the enclosed yellow course request cards. They can also write a letter requesting the course. A new student must be the one requesting to start *The Way to Happiness* Course. You cannot fill out a card and request it for him or her. **Remember, only give out yellow cards to NEW students, NOT to those already on the program.**
- Follow up with this person to make sure they received *The Way to Happiness* book and course materials. Make sure they are doing the lessons and sending them in. Completing the course is what we are going for, so they can apply the material to change their lives. Some may need extra help understanding the material. Many need reminders of how valuable the course is, and how important it is to keep sending their lessons in.

- Once we receive a request card or letter with your name on the referred-by line, you get 15 points for a sign-up. The office then sends materials out to your student. When their first lessons come into the office, you get another 35 points and when they complete the course, you get 50 additional points for a total of 100 for each student who completes.
- All your referred students and earned points are tracked and reported each quarter. There is no carry over from one quarter to another. Everyone starts the game with zero points at the start of a quarter.
- When 3 or more students you refer send in their first lesson, you will receive a commendation from Alison at the end of the quarter.
- When you need more yellow cards, just write to Eddie and ask for more. They are easy to hand out to others who fill them out and just drop them in the mail. Be sure to put your name on the bottom line (referred by). If you can't use the cards, ask your librarian or chaplain if you can put them out for others to pick up, or if you can post them on a bulletin board. **YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.**

WHERE ARE THE MOST STELLARS?

Here are the institutions with 10 or more Stellars. Annexes and work camps are grouped with the corresponding CI. There are 524 Stellars in Florida and 82 of you in 13 different states other than Florida. **STELLAR POWER — HELP MAKE MORE.**

Everglades CI.....	81	Jefferson CI.....	16	Columbia CI, Annex.....	10
Marion CI, WC.....	28	South Bay CF.....	16	Hamilton CI.....	10
Tomoka CI, WC.....	25	Avon Park CI, WC.....	14	Zephyrhills CI.....	10
Union CI.....	25	Hardee CI, WC.....	14		
Graceville CF.....	21	Santa Rosa CI, Annex.....	14		
Sumter CI, Annex, WC.....	21	Blackwater River CF.....	13		
Madison CI, WC.....	18	Liberty CI.....	12		
Wakulla CI, Annex, WC.....	17	De Soto Annex, WC.....	11		



STELLAR PLAYERS (JAN - MAR 2024)

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Alexandra T	30	35	0	65
Alfred B*	0	35	50	85
Alan C*	15	70	50	135
Andres F	30	35	0	65
Antonio M	15	35	0	50
Artavious C	0	0	50	50
Billy A	15	35	0	50
Bjon L	0	0	50	50
Cedric J	15	35	0	50
Chad C	15	35	0	50
Christopher S	15	35	0	50
Christopher W*	0	105	50	155
David H	0	0	50	50
David L	15	35	0	50
David S	0	0	50	50
Derrick V	0	0	50	50
Douglas W*	0	35	50	85
Frank S	0	0	50	50
Geronimo C	75	0	0	75
Gregory N	30	35	0	65
Ivan T	0	0	50	50
Jack T*	30	105	0	135
James K	45	0	0	45
James S	45	0	0	45
James T	0	35	0	35
Jarvis T	0	35	0	35
Jeremiah C	0	35	0	35
Joel E	0	35	0	35
John P	0	35	0	35
Johnny S	0	35	0	35
Jose H*	15	70	0	85
Joseph Y	0	35	0	35
Julio O	0	35	0	35
Kevin B	0	35	0	35
Kevin G	0	35	0	35
Lawrence J	0	35	0	35
Leigh F	0	35	0	35
Linell F	0	35	0	35
Marcus S	0	35	0	35
Mark N	30	35	0	65
Marlon O	0	35	0	35

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Michael M	0	35	0	35
Miguel G	0	35	0	35
Najja R	0	35	0	35
Nathaniel C	30	0	0	30
Randy M	30	0	0	30
Renard M	30	0	0	30
Richard C	30	0	0	30
Ricky B*	15	70	0	85
Ricky N	15	0	0	15
Robert F	15	0	0	15
Ronald R	15	0	0	15
Scott M	15	0	0	15
Shavar S	0	70	0	70
Steven H	15	0	0	15
Terrence H	15	0	0	15
Thomas G	15	0	0	15
Urbano T	15	0	0	15
Vasten B	15	0	0	15
William C	15	0	0	15
William M	15	0	0	15
William S	15	0	0	15